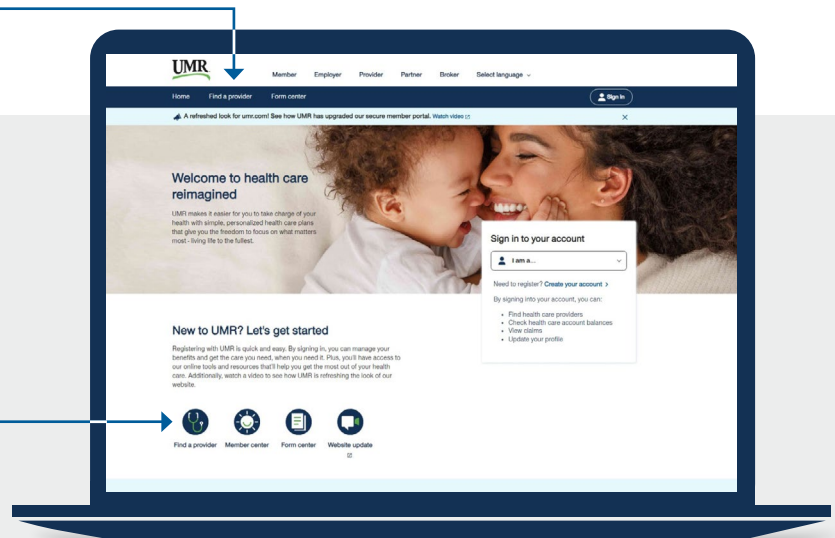


Ka raadinta dhakhtar ama isbitaal umr.com

Isticmaal dhagaatiirta, isbitaalada, farmashiyada, sheybaarada, iyo bixiyayaasha kale iyo xarumaha ku yaalo shabakada qorshaha caafimaadka UnitedHealthcare si ay kaaga caawiso keydinta lacagta iyo yareynta qarashaadka daryeelka caafimaadka.

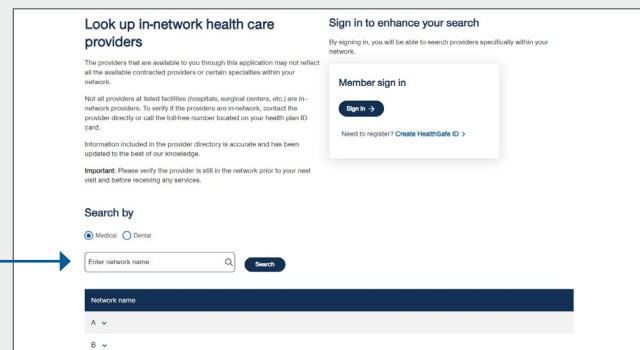
1

Booqo **umr.com** oo ka dooro **Find a provider** (Raadi bixiye)



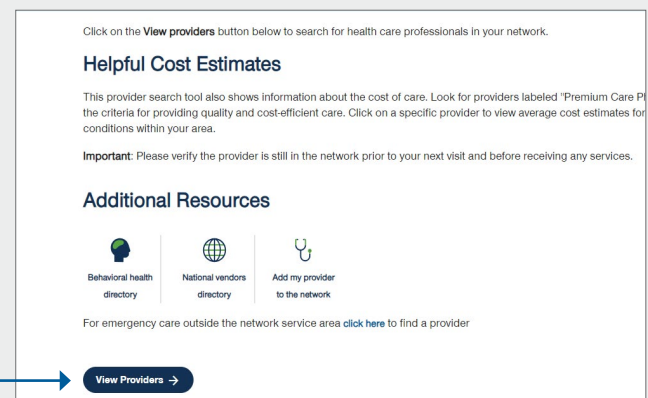
2

Hoos u dag ama ku qor magaca shabakada bixiyahaaga si aad u bilowdid baarista



3

Dooro **View Providers** (Eeg bixiyeyaasha) si aad u baartid bixiyaha ama xarunta shabakada



(Xogta mala awaalka)

(Sii socoto)

4

Ku qor koodhka caasimada, gobolka ama ZIP-ka goobta aad jeclaan laheyd inaad ka raadiso bixiye. Waxaad kadib haysataa 2 iqtiyaaro aad ku bilowdid baarista:

1. Geli magaca bixiyaha, xarunta ama kooxda caafimaadka ee sanduuqa baarista
2. Dooro astaanta muujinaysa nooca bixiyaha aad raadineysid oo raac tilmaamaha

5

Ka dooro Primary and Speciality Care (daryeelka Koowaad ama Taqasuska), oo kadibna dooro nooca dhakhtar.

6

Liiska dhaqaatiirta ku jirta aaga koodhka ZIP-kaaga ayaa laguugu siinayaa hoosta **Primary Care Physician (Dakhtarka Daryeelka Koowaad)**

7

Dooro magaca dhakhtarka si aad u heshid warbixin dheeraad ah oo ay ku jiraan ciwaanka, lambarka aqoonsiga bixiyaha, haddii ay aqbalayaan bukaano cusub, xiriirka isbitaalka iyo haddii dhaqtarka uu yahay Dhakhtar Daryeelka Heerka Sare ee UnitedHealth.

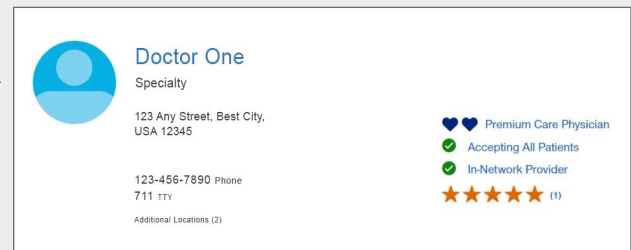
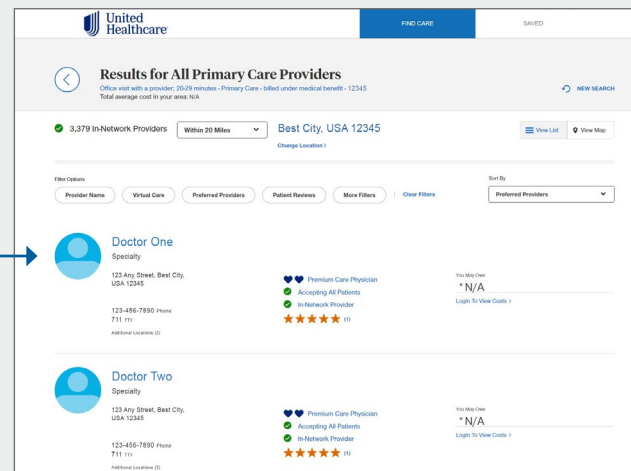
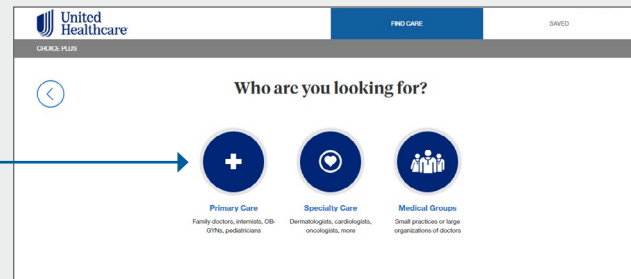
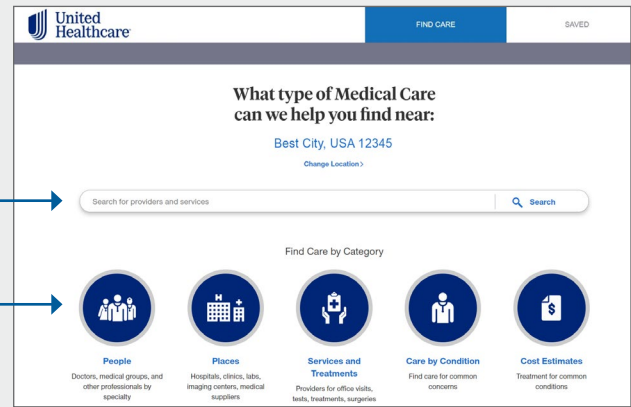
Kaliya ka raadi  tilmaamaha.

Fiiro gaar ah: Si aad u heshid xarun xor ah, dooro **Places (Goobaha)** markii aad bilowdid baaristaada (arag sawirka shaashada ee tallaabada 4).

Barnaamijka magacaabista UnitedHealth Premium® waa il loogu tallo galay ujeedooyinka warbixinta oo kaliya. Magacaabiyada waxay ka muuqdaan tilmaamayaasha dhaqtarka onleenka ee UnitedHealthcare ee umr.com. Waa inaad marwalba booqataa umr.com si aad u hesho warbixinta ugu dambaysay. U xilsaariida Heerka sare ah waa hagaha lagu dooranayo dhaqtarka oo waxaa loo isticmaali karaa sida mid ka mid ah xaqiigo badan ee aad tixgelisid marka aad dooraneyso dhakhtar. Haddii aad horay u laheyd dhakhtar, waxaad sidoo kale rabi kartaa inaad kala tashatid isaga ama iyada wixii tallo ah ee lagu dooranayo dhaqaatiir kale. Qiimeynada dhakhaatiirta waxay leeyihiin halista qaladka oo waa inaysan noqon kaliya gundhiga lagu dooranayo dhakhtarka.

Kaliya dhakhaatiirta shaqsiga ah ee buuxiyaa sharuuda magacaabista UnitedHealth Premium, ama dhaqaatiirta loo xilsaaray taqasusyada ee ka qeybka ah kooxyada caafimaadka ee buuxiyay sharuuda UnitedHealth Premium oo dhaqamada kooxda oo haysto sheegashooyinka ku haboon xogta si loo falanqeyo, ayaa loo magacaabi karaa. Dhammaan dhakhaatiirta ee heshiiska la galay UnitedHealthcare waxay buuxiyeen sharuudaha aqoonsiga. Iyadoon laga eegin u xilsaariida, qorshey in is diiwaangeliyayaasha ay heli karaan dhakhaatiirta shabakada UnitedHealthcare sida lagu qeexay qorshahooda dheefta. Taqasusyada aanan ka jirin tilmaamaha hadda lagu aasaasay barnaamijka ayaa laga reebay qiimeynta oo waxaa loo qoray sida. Adeegyada maamulka ee ay bixiso United HealthCare Services, Inc. ama xulafadooda.

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Ma jiraan qeybka kamid ah dokumiintigaan oo dib loo saari karo iyadoon oggolaansho jirin.



(Xogta mala awaalka)

